



The Miriam Hospital Women's Association  
Community Speaker Series Spring 2024

invites you to

## **Breakfast at Plant City**

334 South Water Street, Providence, RI 02903

Wednesday, May 1, 2024, at 9:00am

PLANT  
CITY

You are invited to join us for a Breakfast and a presentation by **Kim Anderson, Creator and Co-Founder** of Plant City. Kim will speak with us about the health benefits of eating a plant based diet. **Dr. Sandra Musial**, a physician who is dedicated to preserving health and reversing lifestyle-related chronic disease through whole plant-based nutrition, will be doing a cooking demonstration and speak to us about the power of plant-based nutrition to improve health.

**RSVP by April 12, 2024 No Late Registrants Accepted**

All registrants will be required to pay a fee of \$20.00 which will be refunded to you upon entry to the event. If you do not attend the event, the \$20.00 will be considered a donation to the Miriam Hospital Women's Association. Maximum capacity to the event for no charge will be 50 registrants; after 50 registrants, there will be a \$10.00 charge. The \$10.00 charge is non refundable. There is a 60 person maximum to the event.

To register for this program: [www.tmhwmensassociation.org](http://www.tmhwmensassociation.org) OR call OR email Vickie Scott: 401-793-2520 or [vickie.scott@lifespan.org](mailto:vickie.scott@lifespan.org). There is on street parking available on South Main and South Water Streets (metered) as well as any spots available in the Plant City lot. Plant City also has additional parking at the Laborer's Union building, 410 South Main Street (spaces #23 to #43 ).

\*This event is being privately funded